Philosophy of Psychology

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How do we understand the psyche? Human emotions and desires? Our beliefs, rituals, and political ideologies? Sexism, racism, and war? Love, literature, poetry, and art? This course explores the human mind and brings philosophy to bear on what we know about ourselves, our existential needs, our biological instincts and potentials, the evolution of our cognitive structures, why we think, desire, feel, love, fear, hate, and, despair. We study the premises and principles of different psychological schools and theories, and then bring philosophical scrutiny to questions of knowledge, morality, politics, metaphysics, and esthetics.



cultural institutions roughly manifest $degrees$ of $hallucinosis$ in their epistemological gro - W	ounds. /eston La Barre
Human beings seem to have an almost unlimited capacity to deceive themselves.	- R.D. Laing
Normalcy is neurosis.	- Ernest Becker
when one comes face to face with death and the existence of self—one's 'self-existence clearly in relief against the backdrop of nihility. Questions crowd in upon one: Why have Where did I come from and where am I going? A void appears here that nothing in the we gaping abyss opens up at the very ground on which one stands. In the face of this abyss, not things that had made up the stuff of life until then is of any use.	ve I been alive? vorld can fill; a
one of the most significant of human characteristics is that we are more clearly defined b not know about ourselves than by what we do understand.	y what we do - Carl Goldberg
He called me a fool, so I knifed him.	Max Bernstein
Know thyself.	- Socrates
it is surely evident that so much of twentieth century psychology developed within the dedying episteme.	eath throes of a Barnaby Barratt

Required Texts:

Kevin Aho: Contexts of Suffering: A Heideggerian Approach to Psychopathology
Barnaby Barratt: Psychic Reality and Psychoanalytic Knowing
José Luis Bermudez (Ed.): Philosophy of Psychology (upload)
Sigmund Freud: Civilization and its Discontents
Caleb Carr: The Alienist (television series or novel)

Recommended Resources:

Louis Sass: The Paradoxes of Delusion: Wittgenstein, Schreber, and the Schizophrenic Mind Scott Atran: In Gods We Trust: The Evolutionary Landscape of Religion Patrick Mullahy: Oedipus: Myth and Complex

Assignments and Grading:

In *addition* to the required reading, the students will be assigned:

1) Midterm Essay 6-8 pages (40 % of total grade)

2) Final Essay of 8-10 pages (40% of total grade)

3) Participation

You are expected to participate regularly and assiduously in online forum discussions (20% of total grade)

- * **Grading** will be determined by the effort of the student, her/his evidence of having carefully read and contemplated the material, and her/his expression of independent thought on the ideas. Late assignments will suffer penalties as follows: the subtraction of one grade increment per day the assignment is late.
- * **Readings** consist of the required texts and uploaded assignments. There will also be a number of *optional* handouts supplied to help students understand the primary readings and provide perspective. Suggested readings appear below the required & optional handout readings and are for your interest and edification only.

IMPORTANT:

<u>Class Credo and Ethic:</u> Like all classes, philosophy is about the free exchange of ideas as well as relentless questioning of beliefs and concepts. You are entitled to your beliefs but in a philosophy class *no idea is spared* from questioning or examination. If you do not want your beliefs or faith questioned, you are *strongly* advised to enroll in other classes more suitable to your beliefs and temperament.

Participation and Conduct:

Students are expected to engage in lively discussion and spirited exchange. They need not agree with one another and they are encouraged to question ideas, but they must also be respectful towards other students and the instructor. You can argue forcefully for or against an idea, but are required to comport yourselves with civility.

Communications:

You may email me with concerns and questions, but do not expect me to recapitulate class lectures or discussions. Feel free to call me for office hours phone conversations (or an occasional meeting on campus) if you wish to discuss the ideas or other issues.

Academic Honesty:

Violations of Rutgers policies on academic honesty will not be tolerated in this course. Plagiarism and cheating will be grounds for failure, if not expulsion from the university.

COURSE TOPICS

Branches of Psychology

Psychological Methods of Gathering & Interpreting Data

Epistemological Issues in Understanding the Mind

Human "Nature" & Motivation

Nature vs Nurture

The Nature of Cognition & Perception

Consciousness & Unconsciousness

Human Ontology: Desire, Belief, Need, Fear, Hatred, Prejudice

Normality & Abnormality

Mental "Illness" / Psychopathology

Childhood

Religion

Sexuality

Violence

Therapy

COURSE OUTLINE:

I. INTRODUCTION TO PHILOSOPHY OF PSYCHOLOGY

Overview and Course Goals

Schools, Branches, Models, and Methods of Psychology

Banishing Preconceptions, Misconceptions and Cliches About Psychology

Readings:

Block: What is Philosophy of Psychology? (upload)

Davidson: Psychology as Philosophy (Bermudez, chapter 2)

• Carr: The Alienist

II. EPISTEMOLOGY

What is the Most Effective, Scientific, Comprehensive Way to Understand the Mind?

How Do We Understand Our Own Minds?

How Do We Understand Other Minds?

Self-Knowledge & Self-Deception

Theories and Speculations on Human Motivation from Aristotle to Zizek

Techniques and Limitations of Each Psychological Model

Meaning, Interpretation, Hermeneutics, Symbolism

Readings:

• Barratt: Psychic Reality and Psychoanalytic Knowing (upload)

Verhaeghe: The Impotence of Epistemology (upload)

• Yalom: Existential Psychotherapy (upload)

• Zizek: The Sublime Object of Ideology (upload)

• Mullahy: *Oedipus: Myth and Complex* (upload)

Supplementary Readings:

Ricoeur: Epistemology: Between Psychology and Phenomenology (upload)

Verhaeghe: "Chronicle of a Death Foretold": The End of Psychotherapy (upload)

Suggested Readings:

Thompson: Psychical and External Reality Grunbaum: The Foundations of Psychoanalysis

Grunbaum: Validation in the Clinical Theory of Psychoanalysis

Beit-Hallahmi: Psychoanalysis and Theism

Ricoeur: Freud and Philosophy

Barrett: A Fresh Start Philosophically, in *Ego and Instinct*

Eagle: Recent Developments in Psychoanalysis Shapiro: Psychoanalysis and Contemporary Science

Gilligan: In a Different Voice

Misiak: The Philosophical Roots of Scientific Psychology

Slavin & Kriegman: The Adaptive Design of the Human Psyche

Horowitz: Psychodynamics and Cognition

Fisher & Greenberg: Freud Scientifically Reappraised

Fisher & Greenberg: The Scientific Evaluation of Freud's Theories and Therapy Fisher & Greenberg: The Scientific Credibility of Freud's Theories and Therapy

Eysenck & Wilson: The Experimental Study of Freudian Theories

Kline: Fact and Fantasy in Freudian Theory Kline: Psychology and Freudian Theory

Kline: Psychology Exposed

Mujeeb-ur-Rahman: The Freudian Paradigm

Hook: Psychoanalysis, Scientific Method and Philosophy

Thompson: The Truth About Freud's Technique

Laudan: Progress and its Problems

Barratt: Psychoanalysis and the Postmodern Impulse

Barratt: What is Psychoanalysis?

Freedman, et al.: Another Kind of Evidence: Studies on Internalization, Annihilation

Anxiety, and Progressive Symbolization in the Psychoanalytic Process

III. PHILOSOPHY OF MIND

Thought & Emotion Processing Cognition, Computation, Representation, Modulation AI, Programming, and Encoding Are Brains Computers? Sanity & Insanity Normality, Abnormality, Diagnosis, & "Illness"

Readings:

- Egan: How to Think about Mental Content (upload)
- Churchland & Senjowski: Neural Representation and Neural Computation (Bermudez, chapter 9)
- Fodor: The Persistence of Attitudes (Bermudez, chapter 11)
- Stich: Autonomous Psychology and the Belief-Desire Thesis (Bermudez, chapter 12)
- Fodor: Precis of *The Modularity of Mind* (Bermudez, chapter 23)
- Stich: Beliefs and Subdoxastic States (Bermudez, chapter 26)
- Hempel: The Logical Analysis of Psychology (upload)
- Putnam: Brains and Behavior (upload)
- Davidson: Mental Events (upload)
- Block & Fodor: What Psychological States are Not (upload)

Secondary Readings:

- McLeod, Plunkett, & Rolls: The Attraction of Distributed Processing for Modelling Cognition" (Bermudez, chapter 10)
- Skinner: Selections from Science and Human Behavior (upload)
- Stich: Grammar, Psychology, and Indeterminacy (upload)
- Barratt: The Advances of Neuroscience (upload)
- McGraw: Brain & Belief (chapters 11-13, upload)
- Schreber: Memoirs of My Nervous Illness (upload)
- Freud: Psychoanalytic Notes on An Autobiographical Case of Paranoia (upload)
- Sass: The Paradoxes of Delusion
- Schore: Affect Dysregulation & Disorders of the Self (upload)
- Langs: The Evolution of the Emotion-Processing Mind (upload)

- Fanon: Black Skin, White Masks (chapter 6, upload)
- Fromm: *The Sane Society* (upload)

Suggested Readings:

Bowlby: Attachment
Berger: The Sacred Canopy
Winquist: Desiring Theology
Shiffer: Of Two Minds

Schumaker: The Corruption of Reality

Binswanger: Insanity as Life-Historical Phenomenon, in Existence

Gruen: The Insanity of Normality Shengold: Delusions of Everyday Life Segal: Phantasy in Everyday Life

Abadi & Rogers: Reality and/or Realities

Szasz: The Myth of Mental Illness Piven: Death and Delusion

Flanagan: The Science of the Mind

Ginot: The Neuropsychology of the Unconscious

IV. METAPHYSICS

Ontology & Human "Nature"
Mind & Matter
Mind & Body
Desire, Motivation, Conflict
Sexuality, Identity, Paraphilia
Belief, Ideology, Religion, Ritual, Worship
Group Psychology & Groupthink
Violence, Vengeance, Death, Immortality

Readings:

- Freud: Civilization and its Discontents
- Piven: Death, Neurosis, and Normalcy (upload)
- Aho: Contexts of Suffering: A Heideggerian Approach to Psychopathology
- Atran: The Evolutionary Landscape of Religion (upload)
- Barratt: Sensual Embodiment and the Erotics of Experience (upload)

Supplementary Readings:

- Dawkins: *The God Delusion* (upload)
- Kristeva: This Incredible Need to Believe
- Perrotta: Paraphilic Disorder (upload)
- Berner & Briken: Pleasure Seeking and the Aspect of Longing for an Object in Perversion.
 A Neuropsychoanalytical Perspective (upload)
- Giffney & Watson: Clinical Encounters in Sexuality (upload)
- Piven: Eroticisms, introduction: In Defense of Perversion (upload)

Suggested Readings:

Hume: Dialogues on Natural Religion

Beauvoir: The Second Sex La Barre: The Human Animal Spitz: The First Year of Life

Harlow: From Thought to Therapy: Lessons from a Primate Laboratory

Brody & Axelrad: Anxiety and Ego Formation in Infancy

Freud: Three Essays on a Theory of Sexuality

Brown: The Excremental Vision, in Life Against Death

McDougall: The Many Faces of Eros

Stoller: Perversion

Stoller: Observing the Erotic Imagination

Kaplan: Female Perversions Horney: Feminine Psychology Lederer: The Fear of Women

Chodorow: Femininities, Masculinities, Sexualities

Ross: Perversion: A Jungian Approach May: The Cry for Myth

Frankl: Man's Search for Meaning Davis: Inwardness and Existence Nishitani: Religion and Nothingness Becker: The Denial of Death Lifton: The Broken Connection

Schopenhauer: The World as Will and Representation (esp. On Man's Need for Metaphysics)

Jong: Born Idolaters: The Limits of the Philosophical Implications of the

Cognitive Science of Religion

Hobbes: Leviathan

Arendt: The Human Condition Arendt: The Life of the Mind

Kaufmann: Existentialism, Religion, and Death

Gaylin: Hatred

Milgram: Obedience to Authority Bourke: An Intimate History of Killing

Akhtar: The Seed of Madness Warren: Ontological Terror

La Barre: The Ghost Dance: Origins of Religion Langs: Death Anxiety in Clinical Practice

Piven: Death and Delusion

Piven: The Psychology of Death in Fantasy and History

V. Politics

Zoon Politikon Wars & Crusades The Need to Have Enemies & Allies The Political Brain

Readings:

- Solomon, et al.: The Worm at the Core (upload)
- Cohen, et al.: The Trump Card (upload)
- Westen: The Political Brain (upload)
- Laing: The Politics of Experience (upload)

Holland: The Capitalist Uncanny (upload)

• Lipmen-Blumen: The Allure of Toxic Leaders (upload)

Suggested Readings:

Freud: Group Psychology and the Analysis of the Ego

Bion: Experiences in Groups

Anzieu: The Group and the Unconscious

Goleman: The Collective Self, in Vital Lies, Simple Truths

Bamyeh: Of Death and Dominion: The Existential Foundations of Governance

Eigen: Age of Psychopathy

Solomon, et al.: In the Wake of 9/11

Pyszczynski, et al.: Thirty Years of Terror Management Theory

Routledge & Vess: Handbook of Terror Management Theory (available as pdf on request)

Davis: Death's Dream Kingdom Wyschogrod: Spirit in Ashes Atran: Talking to the Enemy

Robins and Post: Political Paranoia

Post: Leaders and Their Followers in a Dangerous World

Volkan: The Need to Have Enemies and Allies

Kressel: Mass Hate Staub: The Roots of Evil

Stern: Terror in the Name of God

Juergensmeyer: Terror in the Mind of God Arendt: The Origins of Totalitarianism

Hedges: War is a Force That Gives Us Meaning

VI. ETHICS

Why are We Moral and Immoral? Conscience, Guilt, Shame, and Remorse Violence and Evil Love and Evil

Readings:

• Prinz: The Emotional Construction of Morals

Wallwork: Psychoanalysis and Ethics (upload)

• Sagan: Freud, Women, and Morality (upload)

• Stein: Evil as Love and as Liberation (upload)

Suggested Readings:

Arendt: Eichmann in Jerusalem: A Report on the Banality of Evil

Minnich: The Evil of Banality

Diamond: Anger, Madness, and the Daimonic

Goldberg: Speaking with the Devil Goldberg: The Evil We Do

Grand: *The Reproduction of Evil* Noddings: *Women and Evil* Bernstein: *The Abuse of Evil*

Sheets-Johnstone: The Roots of Morality

VII. CONCLUSIONS

What Have We Learned from Psychology?

How Can Philosophy Refine the Findings of Psychology?

How Can Psychology Solve Problems, Deepen Thought, or Help People?

Suggested Readings:

Hillman: We've Had A Hundred Years of Psychotherapy and the World's Getting Worse

Hillman: The Dream and the Underworld

Barratt: Radical Psychoanalysis Loy: Lack and Transcendence Kohut: The Restoration of the Self

Eigen: The Psychotic Core

Yalom: Existential Psychotherapy

Verhaeghe: On Being Normal and Other Disorders

Barratt: The Emergence of Somatic Psychology and Bodymind Therapy

Thompson: The Death of Desire: An Existential Study in Sanity & Madness